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[Call of Duty: Warzone](#) Free for everyone. Drop in, armour up, loot for rewards and battle your way to the top.

[Call of Duty: Warzone | Xbox](#) : en-IN : games : call-of-duty-warzone

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[Score per minute](#). You know how a kill is worth 100 points and other things are also worth points. It calculates how many points you get per minute.

[What is SPM? \(COD\) : r/gaming - Reddit](#) : gaming : comments : what_is_spm_cod

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[While 180 SPM](#) remains a good goal, factors including your height, weight, running ability and even footwear can affect your cadence. For example, taller runners generally have a lower cadence than shorter runners, as they typically take longer strides.

[A beginner's guide to cadence - Runner's World](#) : runnersworld : beginners