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[Lotus Flower works by strengthening the skin barrier and protecting your skin from harmful environmental damage, such as free radicals. It also promotes hydration and radiance for a restored, balanced and even skin tone.](#)

[Ingredient 101: Lotus Flower - FaceTory](#) : blogs : curations : ingredient-101-lotus-flower

[YES, LOTUS LEAVES AND ROOTS HAVE SOME WEIGHT LOSS PROPERTIES](#). Lotus leaves and roots are a good source of dietary fiber, which can help you feel full and satisfied after eating. They also contain antioxidants and other nutrients that may help boost your metabolism and promote weight loss.

[Do lotus leaves and roots have any weight loss properties? - Quora](#) : Do-lotus-leaves-and-roots-have-any-weight-loss-property... Poki has the best free online games selection and offers the most fun & experience to play alone or with friends. We offer instant play to all our games without downloads, login, popups or other distractions. Our games are playable on desktop, tablet and mobile so you can enjoy them at home or on the road. Every month over 50 million gamers from all over the world play their f